



Your Best Year Yet: Make the Next 12 Months Your Best Ever!

By Jinny Ditzler

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Your Best Year Yet: Make the Next 12 Months Your Best Ever!, Jinny Ditzler, A new edition of this best-selling book. Your Best Year Yet is the perfect guide to help you realise goals and overcome last year's limitations. The proven methods in the book will make this year into the most successful ever. Your Best Year Yet is the perfect handbook to help people realise their goals in 12 months. Jinny Ditzler has almost two decades of experience with the Best Year Yet programme. Her results are inspiring; in this clear-cut guide anyone can set aside three hours of their time and transform their life. Your Best Year Yet asks you challenging questions about your expectations, accomplishments and goals for the future. It is not until you take time to sit down and really think about what you want out of the next year that you can start working towards your goals. Ditzler asks us to outline our accomplishments, disappointments, limitations, personal values, goals, our roles in life and shows us how to develop our own programme to achieving our goals and learning from our mistakes.



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Reviews

Definitely among the best book I have got possibly study. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.

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