



## Coloring Book for Adults Featuring 50 Beautiful and Intricate Mandalas

By Morgana Skye

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Coloring is treasured pastime, one that many unfortunately give up way too soon. While in the past coloring has been thought of as an activity mostly for children, recently the benefits and advantages of coloring for adults are becoming increasingly clear. Coloring provides relaxation, stress relief and a way of focusing creative energy. This recent surge in adult coloring has lead to many options being available for coloring books and coloring page collections; however few are as beautiful and brilliant as a collection of mandalas. A mandala is a beautiful pattern, encased within a circle, which holds the power to unlock the secrets of our subconscious. These designs have been used for ages across cultures and religions as a way of connecting to a deeper sense of self. Here, these ancient mandalas have been recreated into some of the most beautiful, creative and thought provoking images available today. When you embrace the designs on these pages, you open up an entirely new world, one in which there are no boundaries and the possibilities are infinite....



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